



Shionomichi Festival

The Shionomichi Festival, which had been canceled due to the Covid-19, was held for the first time in five years. The participants enjoyed walking along the road while admiring the Hakuba Sanzan Mountains and spring flowers. The heartwarming hospitality of the local residents at each rest stop made for a day of thoughtful reflection on the history of the village.



Report on Activities at the British Embassy in Japan

On March 14, Yudai Shirahama, GX Supervisor of Hakuba Village, attended the "UK-Japan Roundtable on de carbonization of Local Governments" held at the residence of the British Ambassador to Japan.



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Hakuba Demand Taxi

Hakuba Village is establishing a new transportation system to ensure convenient and efficient access to daily life and sightseeing in the village. On April 1, 2024, the Hakuba Demand Taxi, a new transportation system combining the Hakuba Fureai-go, a shared-ride cab, and the Hakuba Night Demand Taxi (HND), a winter sightseeing AI Demand Taxi, began operation. As a more convenient and flexible local public transportation system, we aim to become a more popular transportation system for everyone.

FURE AI Go 8:00 – 17:00

- Make booking by Call or Apps
- Reservations available **3 days** before a ride date.
- Apps available 24/7
- Call center opens 8:30-17:00 on weekdays
- The phone reception is open until 17:00, but rides on the same day will only be available until about 16:30.



Hakuba Demand Taxi Call Center

0261-71-1111

NIGHT DEMAND TAXI 17:00-23:00 (Winter Season Only)



- Make book
- Reservations available from 9:00 on the day of your ride.

When Booking

Please tell the followings to operator:

Name
Request Pick-up/Drop-off place
Request time
Number of passenger



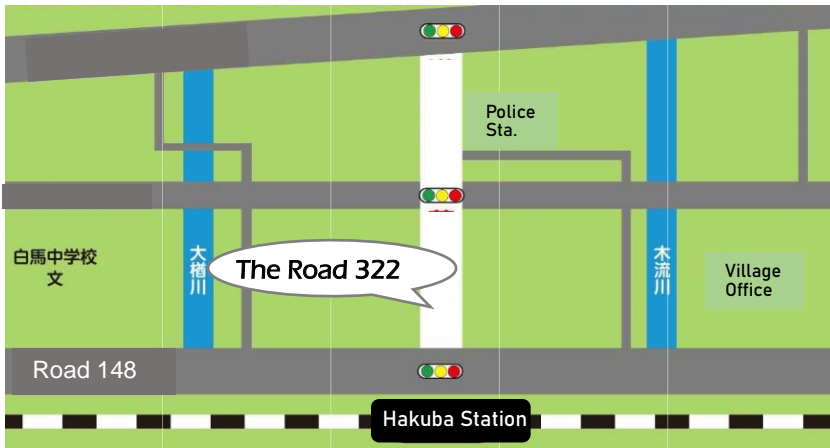
Report on Activities at the British Embassy in Japan (continued from page1)

Ten municipalities from nationwide were invited to present their approaches to decarbonization, and Hakuba Village was the only town/village to participate in the roundtable. The fact that Hakuba Village was selected among the other invited major cities of Tokyo, Osaka, Yokohama, Kawasaki, Chiba, Utsunomiya, Kitakyushu, Nasu Shiobara, and Matsumoto is proof that Hakuba Village's positive approach to decarbonization is well known outside Japan, for which we are very grateful. It is also a great honor for our village to have the opportunity to present at such a global international meeting.



For inquiries and information:
General Affairs Division TEL: 0261-72-5000

We are now inviting suggestions at Construction Division for a name for a new road - Road322 (Hakuba sta.-Happo)



[Application Term] April 1st - July 31st
[How to Apply]

By posted in the exclusive boxes

An application can be posted in the post box in an entrance of the corresponding companies/Café etc.

- Fujiya Shokudo, 82 Bank, Hakuba Coffee Stand
- Sakura Real Estate Company
- Hakuba Gallery Gifts/Wa café Ichiyoshi

By Mail, Fax or submit at Construction Division

Mailing Address 7025 Hokujo, Hakuba, Kitaazumigun 399-9301

Fax 0261-72-7001 Construction Division 0261-85-0724

By Online Form



■Beware of accidental ingestion

This season brings forth a number of Japanese vegetables from the mountains of Japan. Known as “Sansai/Wild Mountain Plants” these wild edible plants can be boiled, fried, eaten raw and more. Every year, food poisoning occurs due to accidentally collecting poisonous grass or picking wild plants, etc. Please be aware of following preventive measures.

Preventive measures for food poisoning caused by poisonous plants

Please be careful not to develop food poisoning caused by poisonous plants.
Three points for preventing food poisoning caused by poisonous plants

- ① It may be difficult to distinguish poisonous plants from edible plants just by looking at a part of the plant such as new sprouts, young leaves, roots, and berries. When eating collected wild vegetables, you need to be certain to learn their features and how to distinguish them.
- ② Learn accurate knowledge under the guidance of experts.
Recently, tours and inns have been targeting those who have never experienced the pleasures of gathering sansai: a local guide leads groups into fields and mountains to identify and pick plants; afterwards, they are prepared and eaten together.
- ③ Some familiar garden plants, such as daffodils, lily of the valley, daffodils, azaleas, and hydrangeas, contain toxic ingredients. Do not eat them without accurate acknowledge.

If you are poisoned??

If you are poisoned, please seek medical care immediately.If possible, take the poisonous plant to the doctor for his/her reference.

Please refer websites for the typical Sansai

*Wild Mountain Plants, and the way to distinguish with poisonous plants.

【Nagano prefecture】

【Ministry of Health, Labor and Welfare】



For inquiries and information: Agriculture Division TEL: 0261-85-0766

Art and Culture Performances

Venue: Wing21



For inquires: Life-long learning and Sport Division TEL 0261-85-0726

Date	Genres	Contents
August 2 (Fri)	Concert	7 th Nagano Inter. Music Festival in Hakuba
8 (Thu) – 10 (Sun)	Concert	22 th Hakuba Inter. Music Festival
October	Movie	Godzilla -1.0
November 2 (Sat)	Concert	Tsunami Inochi Concert
December 7 (Sat)	Concert	10 th HatsuYuki Concert
March 2 (Sun), 2025	Concert	Nagano City Symphony Orchestra

■Health Checkups of FY2024

Fundus Examination will be available for all residents from FY2024

The fundus is the only part of the body where blood vessels can be seen directly from the outside. By having a fundus examination and knowing the condition of your blood vessels, we can detect and prevent cardiac and cerebrovascular diseases at an early stage. Hakuba Village has more cases of death from cardiac and cerebrovascular diseases than any other villages in the prefecture.

Eye diseases that can be found by fundus examination

- ☐ Arteriosclerosis and occlusion of retinal blood vessels
- ☐ Diabetic retinopathy
- ☐ Glaucoma (optic nerve papillary depression enlargement)
- ☐ Macular degeneration

7:30-10:30 Venue: Multi Hall in Hakuba Village Office

Please check the schedule and visit at any time as your



June				July				September				November	
12	13	14	15	9	10	11	12	8	9	10	11	7	8
Wed	Thu	Fri	Sat	Tue	Wed	Thu	Fri	Sun	Mon	Tue	Wed	Thu	Fri

Female-specific cancer screening/Cervical and breast cancer screening

The incidence of cervical cancer increases in one's 20s and breast cancer in one's 40s. These cancers may progress without any symptoms. However, if found and treated early, cancers have a high chance of being cured. Taking a checkup every two years regularly is essential even though you think you are healthy.

Cervical Cancer	
Date	May 17 (Fri) , 25 (Sat)
	June 17 (Mon)
	July 10 (Wed)
	October 2 (Wed)
Time	[Check in] 13:00-13:45
	[Examination] 13:30-
	*Booking required
Fee	1,500 Yen
Target	Women over 20 years old
	*As of March 31, 2025
Venue	Fureai Centre, Hakuba Village Office
Apply at:	Health&Welfare Division ☎026 1-85-07 1 3
	*Booking required

Breast Cancer	
Date	May 9 (Thu) , 21 (Tue)
	June 1 (Sat)
	July 5 (Fri) , 18 (Thu)
	September 26 (Thu)
	October 1 (Tue)
Time	[Check in] 9:00-11:30
	[Examination] 13:00-14:30
	*Booking required
Fee	2,000 Yen
Target	Women between 40-74 years old
	*As of March 31, 2025
Venue	Fureai Centre, Hakuba Village Office
Apply at:	Health&Welfare Division ☎026 1-85-07 1 3
	*Booking required

- This information and vouchers are sent out to those who mail us back previously with screening request and questionnaires.
- This checkup is conducted once every 2 years. In principle, those who had cervical and breast cancer screening (including vouchers use) in Hakuba Village in the previous year are not eligible for this year's screening.

- The following persons are not eligible for this cervical cancer screening this time;

Those who are undergoing treatment for uterine disease, have subjective symptoms such as irregular bleeding, have undergone hysterectomy, and have never had sexual intercourse.

- The following persons are not eligible for breast cancer screening this time;

Those who have subjective symptoms, have a foreign object in the breast.

Those who are being treated/under control by doctor for breast disease.

Those who are pregnant, breastfeeding, or having stopped breastfeeding for less than year.

If you fall under any of those status, please visit a medical institution.



Kosodate Shien & Child Check-up

• Notices/Information from Kosodate Shien Room is posted on the Hakuba Village office official website and Hakuba Village Maternal and Child Health Handbook App "Ohisama Memories by BO-SHI-MO"
 <https://www.mchh.jp/login>



For inquiries/Child-Raising Support Division TEL: 0261-85-8101

Date	Event	Place	Target Child	Time
May 10 (Fri)	Story Hour	Shien Room	Pre nursery school kids & Their guardians	11:15~
15 (Wed)	Going for walk	Rakuda Yama	Pre nursery school kids & Their guardians	10:30~
21 (Tue)	Yoga class * Day-care available/Booking needed	Shien Room	Pre nursery school kids & Their guardians	10:30~
28 (Tue)	Going for walk	Rakuda Yama	Pre nursery school kids & Their guardians	10:15~
June 3 (Mon)	Play with sand	Shien Room	Pre nursery school kids & Their guardians	10:30~
5 (Wed)	Let's eat a local meal	Shien Room	Pre nursery school kids & Their guardians	11:30~
10 (Mon)	Play with sand	Shien Room	Pre nursery school kids & Their guardians	10:30~
12 (Wed)	Playing at Shirouma preschool! *Booking needed	Shirouma Preschool	Pre nursery school kids & Their guardians	10:15~
14 (Fri)	Story Hour	Shien Room	Guardians	11:15~

Keep the water-stream clean in your properties

Every year there are issues caused by garbage (including grass from mowing) being dumped into the rice fields downstream and clogging the waterways, causing serious obstacles to farming



and daily life.

We ask all villagers for understanding of the current situation in the downstream area, and not only in not flushing trash downstream, but also in keeping mowed grass and others out of the waterways and streams as much as possible. We appreciate your cooperation in

For inquiries:

Agriculture Division Hakuba Village Office Tel: 85-0766

Payment Schedule of This Year

Taxes/Fees	April	May	June	July	August	September	October	November	December	January	February	March
Due Date	30-Apr	31-May	1-Jul	31-Jul	2-Sep	30-Sep	31-Oct	2-Dec	25-Dec	31-Jan	28-Feb	31-Mar
Bank Transfer Date	25-Apr	27-May	25-Jun	25-Jul	26-Aug	25-Sep	25-Oct	25-Nov	25-Dec	27-Jan	25-Feb	25-Mar
Resident Tax			1st		2nd		3rd			4th		
Fixed Assets Tax	1st			2nd					3rd		4th	
Light Motor Vehicle Tax		1st										
National Health Insurance Tax			1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Medical Insurance For the Elderly					1st	2nd	3rd	4th	5th	6th	7th	8th
Water and Sewer Bill	April	May	June	July	August	September	October	November	December	January	February	March
Due Date/Transfer Date	25-Apr	27-May	25-Jun	25-Jul	26-Aug	25-Sep	25-Oct	25-Nov	25-Dec	27-Jan	25-Feb	25-Mar

EASY TAX PAYMENT QR Code Payment

By scanning the QR code printed on the payment slip with a smartphone or other device, payment of village taxes can be made through the eLTAX website, Apps or at QR code-compatible financial institutions.

◆eLTAX <https://www.payment.eltax.lta.go.jp/>



Water and Sewer Division TEL 0261-85-0766 Taxation Division 0261-85-0712

Clinics, Hospitals and Pharmacy's open during

For emergency cases of pediatrics and internal diseases on weekday nights, please go to "North Alps Weekday Night Emergency Center for Pediatrics & Internal Medicine". TEL: 0261-26-6199 Please do not request for the ambulance service for minor injury and illness or it will be overloaded when there is an emergency.

Opening Hours: 9 A.M. ~ 5 P.M.						Reception Hours: 9A.M. ~ 11A.M. (Please call before coming over)			Pharmacy On Duty in Hakuba
M	D	Day of week	Clinic On Duty			Dental Clinic			
			Northern District (Hakuba • Otari)	Omachi City	Southern District Ikeda • Matsukawa				
May	26	SUN	Shintani Clinic	Kikuchi Clinic	Matsumoto Clinic	Nico Nico Dental Clinic	Omachi	0261-23-5612	Fujinoya Pharmacy
June	2	SUN	Kurita Clinic	Ono Clinic	Serizawa Clinic	Kirari Dental Clinic	Matsukawa	0261-62-0005	Ota Pharmacy
	9	SUN	Yokosawa Clinic	Hirabayashi Clinic	Azumi Hospital	Hirabayashi Dental Clinic	Omachi	0261-22-1149	Hakuba Apple Pharmacy
	16	SUN	Kamishiro Clinic	Yokosawa Internal Medicine Clinic	Yoshimura Clinic	Nishizawa Dental Clinic	Omachi	0261-22-5091	Fujinoya Pharmacy
	23	SUN	Shintani Clinic	Omachi Municipal General Hospital	Midori Clinic	Sato Dental Clinic	Omachi	0261-23-3211	Fujinoya Pharmacy
	30	SUN	Hakuba Clinic	Nomura Clinic	Herb-no-sato Clinic	Kashiwabara Dental Clinic	Hakuba	0261-71-1182	Fujinoya Pharmacy